

# Elizabeth E. Bardwell -LCPC, MS, NCC

Office Location: 1132 US Route 1, Suite #5, York, Maine  
Mailing Address: PO Box 893, York Harbor, Maine 03911  
207-450-6565

## Disclosure Statement

**Degree:** MS in Clinical Counseling 1999, University of Southern Maine  
BA English Literature, Saint Mary's College, South Bend, IN

**Licensure:** Licensed Clinical Professional Counselor (LCPC) Original 4/13. Expires 4/19  
Nationally Certified Counselor (NCC)

**Areas of Competence:** I am trained to work with individuals, couples and families to diagnose and treat mental illness. Specifically, I am trained to work with a diverse range of people who are having difficulty with relationships, depression, anxiety, PTSD, academic or career challenges.

**Course of Action:** During the first few meetings, I will focus on learning about you, your history, what specific issue brought you to counseling and develop with you a plan to meet your goals. I am solution focused and want to provide you with the insight and ability to be successful in reaching your goals. You will know and approve the number of sessions we have so that you can financially plan. Our plan and your goals may change, at your request, at any time.

**Confidentiality:** Our sessions are confidential except in the following cases:

- Threat of serious harm to self or others.
- Reasonable suspicion of child abuse, elder abuse or of any incapacitated person.
- Court order
- Voluntary release signed by client or guardian
- Formal complaint which client makes before a court or regulatory board.
- During supervisory consultation.

**Fee Schedule:** My fee is \$100 for each 50 minute individual session. Group work and couples therapy are priced separately. Payment is expected the day of service unless other arrangements have been made. Cash or checks are acceptable methods of payment. I can accept credit cards for payments in full or for co-payments. The sliding scale based on annual individual income begins at \$50 per session.

**No Show fee:** A fee of \$40 will be charged if an appointment is missed or is not cancelled within 24 hours of the agreed upon time.

**Accountability:** The practice of counseling is regulated by the Board of Counseling Professionals Licensure. The board is authorized by law to discipline counselors who violate the board's law or rules. To learn about the complaint process, or to file a complaint against a counselor, contact:

Complaint Coordinator  
Office of Professional and Occupational Regulation  
35 State House Station  
Augusta, ME 04333 207-624-8660

Web: [www.maine.gov/professionallicensing](http://www.maine.gov/professionallicensing)